Background

Split liver transplantation offers an attractive way to increase the number of cadaveric grafts. In the past 10 years, it has enabled clinicians to minimise paediatric waiting list mortality. Two major concepts are applied in liver splitting. The more widely accepted approach provides a left lateral and a right extended liver graft to be transplanted into one child and one adult, respectively. To date the results from this technique are comparable to whole organ techniques for both the paediatric and the adult recipient. The second principle of splitting the liver provides two "full" hemi-grafts - the left side for a small adult or big child and the right for a medium-sized adult patient. Full right/full left splitting is an important means of expanding the adult liver graft pool; however, it is a complex variant of liver transplantation that requires a high level of technical skill and a comprehensive knowledge of possible anatomic variations. Splitting for two adults should be performed in centres with a significant annual volume of liver transplantations, experience with left lateral splitting and an active program of hepatobiliary surgery. This brief review discusses anatomical and technical aspects and summarises the experience of both approaches to split liver transplantation to date.

Keywords

split liver transplantation, in situ, ex situ, review

Introduction

Orthotopic liver transplantation (OLT) has evolved from an experimental procedure to the treatment of choice for end-stage liver disease. New immunosuppressive regimens, refinements of surgical techniques, advances in tissue preservation and improvement of postoperative management account for the remarkable progress that has been made. Because of an increasing discrepancy between liver graft supply and demand, the death rate on the waiting list is currently estimated at an unacceptable level of 15-20% for Europe [1]. In future years an epidemic increase of patients with hepatitis C cirrhosis (more than 1 million in the USA [2]) is expected to dramatically worsen the imbalance of available organs and need [3].

Two main types of split liver transplantation have to be distinguished. First there is the "classical" split, to achieve a right extended graft (segments I, IV-VIII) and a left lateral graft (segments II and III), for one adult and one small paediatric recipient. Secondly liver splitting along the line of Cantilie resulting in one right (segments V-VIII) and one left (segments I-IV) hemi-liver to supply two adult recipients can be performed. As experience, anatomical hurdles and purpose differ widely between these two main variations of split liver transplantation, they will be discussed separately in the following.

Which donors are suitable for liver splitting?

Only haemodynamically stable cadaveric donors are eligible for split liver transplantation. Donors for left lateral splitting should additionally meet the following criteria: age <55 years; fatty degeneration of the liver <30%; intensive care stay <5 days; Na <160 mmol/L; serum glutamic pyruvic transaminase <60 U/L; gamma-glutamyl transpeptidase <50 U/L. Organs from donors >70 kg of BW may be suitable for a full right/full left split, resulting in grafts for two adult recipients. Requirements of organ quality are more pronounced if a full right/full left split is intended (age <40 years, fatty degeneration...
Toso et al. determined that around 15% of donors fulfil such conditions for a split liver procedure, and about 9% could be eligible as donors for two adults [5]. More optimistic calculations estimate up to 1.3% of donors being eligible for splitting for two adults [6]. The final decision on whether the graft quality is sufficient for splitting is made on macroscopic criteria and ideally on the result of a liver biopsy. Performing the latter routinely would give centres the ability to undertake an external split graft with more confidence in organ quality.

The left lateral split

Alternative techniques to improve the graft supply for small children were pushed by an unacceptable mortality rate on the waiting list for paediatric patients suffering from end-stage liver disease, reaching up to 40% in the 1980s. Backed by growing confidence with transplantation of segmental grafts resulting either from size reduction of a whole adult cadaveric liver or adult-to-child living donation, left lateral splitting evolved like adult-to-paediatric living donation as an alternative to paediatric whole organ transplantation, thus reducing the need for living donation. Also, importantly, left lateral splitting does not compromise the adult graft pool, as the remaining extended right graft is suitable even for large adults without risking a small-for-size situation [7]. Depending on its relatively highly variable weight, the left lateral segment can be utilised for recipients up to 40 kg of body weight. Since the first split liver transplantation by Pichlmayr et al. [4] the ex situ and more recently the in situ splitting techniques [8] have been established and should be performed according to the logistical possibilities, as both may lead to comparably good results as long as optimal technique and choice of donors and recipients are ensured.

Technical Aspects

First the left side of the hepatoduodenal ligament is dissected to identify the left hepatic artery. The artery to segment IV can either stay in continuity with the main arterial trunk of the right graft depending on individual anatomy or has to be anastomosed with the stump of the left hepatic or gastroduodenal artery to minimise the risk of necrosis of segment IV [9]. Then the left portal vein is dissected down to the main bifurcation. Portal branches to segments I and IV arising from the left main portal vein have to be transected. Dissection of the parenchyma is performed just to the right of the falciform ligament. In the ex situ technique the parenchyma can be cut sharply in a single even plane, leaving a flat surface, so that haemostasis may be achieved most efficiently. In the in situ technique any of the established techniques for liver resection, combined with vessel clipping and suture ligation of vessels, is suitable for transection of the parenchyma. This technique utilises the donor's coagulation system to achieve optimal haemostasis. A vessel loop placed around the left hepatic vein can guide the surgeon through the plane of transection between the middle and left hepatic vein during in situ splitting [10]. Any dissection and isolation of the main left bile duct has to be avoided to save the parabiliary vascular plexus and the bile ducts of segments I and IV. The hilar plate, including the bile duct(s) to segments II and III, is sharply divided at the level of the longitudinal part of the left portal vein (Rex Recessus) (Figure 1). The left hepatic vein is divided adjacent to the vena cava. The right and middle hepatic veins stay in continuity with the vena cava with the right graft. To minimise the risk of bile leakage on the right graft every effort should be made, including intra-operative cholangiography if needed, to save the bile ducts draining segments I and IV.

Results

Both left lateral living-related and split liver transplantation have reduced the mortality on the paediatric waiting list to <5% to date in our programme. Despite the fact that, from a surgical point of view, the whole graft seems to be the safest graft, split liver transplantations in children have yielded comparable results [3, 11-16]. Transplantation of a left lateral graft resulting from splitting of a cadaveric donor liver can also achieve comparable results with that of transplanting left lateral grafts from living donors [16, 17]. Therefore to avoid the risk to a living donor the first choice for a paediatric recipient should be a split liver graft in countries in which cadaveric livers are available.

It has been shown that transplantation of the right extended graft is not followed by a higher rate of surgical complications or an inferior level of patient and graft survival. Therefore the right extended graft can be considered as safe as the transplantation of a whole organ [11, 18, 19]. Results as published by us and others
are summarised in Table 1 [3, 1.3-15, 18, 20-33, Hamburg, unpublished data].

**Full right/full left splitting**

In contrast to organ shortage in small paediatric patients, which has been dramatically reduced with "routine" application of living donation and left lateral splitting, the organ shortage for older children and adult patients is rather getting worse. Bismuth et al. were the first to report the use of one donor liver for two adult patients in 1989 [34]. Although the concept of living-related adult-to-adult liver transplantation has been followed in depth over the past 5 years, full right/full left splitting is still an important means of expanding the adult liver graft pool, thus reducing the need for a living donor, with the
inherent risks of that approach. The former technique provides two grafts from one liver for a small adult or large child (segments I, II-IV) and for a medium-sized adult patient (segments V-VIII).

Full right/full left split liver transplantation is a complex variant of liver transplantation that requires high levels of technical skill and a comprehensive knowledge of possible anatomic variations that may present a contraindication to the procedure. The latter may necessitate a switch to a left lateral split procedure. Splitting for two adults should be performed in centres that carry out a significant number of liver transplantations each year, with experience of left lateral splitting and that incorporate an active programme of hepatobiliary surgery.

**Technical Aspects**

The technical difficulties in split liver transplantation for two adults are focused mainly on two questions: how to share the blood vessels, especially the hepatic veins and vena cava, and how to achieve safe biliary drainage of all segments transplanted. Major differences to left lateral splitting are the absence of an anatomic structure indicating the line of resection (like the falciform ligament), a larger transection plane, and a substantially higher chance of disturbing vascularisation and bile drainage of the transplanted segments.

In this scenario, *in situ* splitting has the advantage of identification of the optimal dissection plane by performing a short inflow occlusion of one hemi-liver. After parenchymal transection, sufficient portal and arterial inflow as well as venous outflow (especially of segments V and VIII), can be assured before perfusion. At the end of this procedure perfect haemostasis and biliostasis of the cut section can be obtained with the help of the donor's coagulation system.

Intraoperative cholangiography helps to identify anatomical bile duct variations, which may either indicate a switch to a left lateral splitting procedure or may totally prohibit liver splitting [9]. The decision whether to leave the common bile duct to the left or right hemi-liver depends on the individual anatomy. In most instances the common bile duct should stay with the right graft, as the right main bile duct is shorter than the left and anatomical variations of the bile ducts are more frequent within the right lobe. The bile ducts should be shortened as much as possible to ensure sufficient perfusion.

Some authors recommend an arteriography [35], but in most cases arterial anatomy can be safely identified by hilar dissection. Sharing of the arterial trunk depends on the individual anatomy of the donor, especially the origin of the segment IV artery. In most cases the main arterial trunks stays with the left graft.

In conventional techniques, usually the middle hepatic vein is retained with the left graft and the vena cava with the right graft. The indispensable division of the caudate lobe veins lead to uncertain viability of liver segment I, and resection might be necessary. To provide optimal venous drainage of both hemi-liver grafts, we developed the split cava technique [36], which involves the division of the vena cava, maintaining venous drainage of segment I and the dorsal parts of the right lobe via retrohepatic veins. However, the split cava technique does not prevent venous congestion of segments V and VIII if the middle hepatic vein stays with the left graft. Additional venous reconstruction of these veins on the cut surface is necessary (Figure 2).

**Results**

In contrast to splitting a liver for a child and an adult, only small series of full right/full left splitting are published. Increased morbidity and poor initial results, especially after grafting of the left hemi-liver, have prevented a wider acceptance of this technique (Table 2) [35, 37-40, Hamburg, unpublished data]. The main hurdles for expanding this technique seem to be the high technical and logistical requirements, as well as the worry of a small-for-size situation evolving subsequent to full right/full left splitting for two adult recipients. The key aspects to obtaining results for full right/full left split liver transplantation that are as good as those following whole organ transplantation are: adequate technical skills, a reliable judgement on graft quality and an optimal graft-recipient size match.

Graft quality has to be evaluated by an experienced split liver transplantation surgeon, supported by a liver biopsy, if available. The donor requirements are higher compared with left lateral splitting (see above).

The choice of the recipient should respect the relationship of absolute transplantable functional liver mass and the needs of the individual recipient. In general the recipient should receive a split liver mass exceeding 1.2% of body weight. With worsening general condition of the
recipient functional liver mass needs to be increased even further. Only in elective cases without portal hypertension this limit may be surpassed on individual decisions. Therefore donor and recipient selection are vital and do not tolerate any compromise.

**Conclusion**

Splitting one liver in a left lateral and a right extended graft for one paediatric and adult recipient has been shown to yield comparable results to whole organ
transplantation and is therefore widely accepted as an alternative to a whole graft. Split liver transplantation for two adult recipients is still a challenging procedure; however, it has the potential to reduce mortality on the adult waiting list. The latest results with this technique are encouraging. Administrative accommodations in the current methods of organ allocation to ensure optimal combinations of graft and recipient will be needed if split liver transplantation in adults is to succeed. A nationwide view of organ allocation requires that the total number of lives saved by the procedure be the priority outcome. If liver transplantation is viewed from this perspective, split liver transplantation for adults is a high priority, and incentives should be set to encourage it. Despite the fact that in situ splitting seems to have certain advantages concerning graft quality and subsequent recipient operation and course, logistical circumstances may favour ex situ splitting in selected cases.

Experience with split liver transplantation is growing and it may be foreseen that, one day, splitting for two adult recipients will become established routine. Grafting two patients with one cadaveric donor is the ultimate way of meeting the liver organ shortage, without the risks associated with using a living donor and therefore must be further followed and established.

References


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